

were espied and the ship had cast about [*tacked*] for them, she was driven half a league to the leeward of the pinnace ; and had lost sight of her, so that there was small hope of recovery, had not GOD's help and the Captain's [Sir J. HAWKINS] diligence been : who, having well marked which way the pinnace was by the sun, appointed twenty- four of the lustiest rowers in the great boat to row to the windwards ; and so recovered (contrary to all men's expectations) both the pinnace and the men sitting upon the keel of her.

The 25th, he came to Cape Blanco, which is on the coast of Africa ; and a place where the Portuguese do ride [*i.e.*, *at anchor*], that fish there, in the month of November especially ; and is a very good place of fishing for pargoes, mullet, and dog fish. In this place, the Portuguese have no Hold for their defence ; but have rescue [*defence*] of the barbarians, whom they entertain as their soldiers for the time of their being there : and for their fishing upon that coast of Africa, do pay a certain tribute to the King of the Moors. The people of that part of Africa are tawny, having long hair. Their weapons, in wars, are bows and arrows.

The 26th, we departed from S. Avis Bay, within Cape Blanco; where we had refreshed ourselves with fish and other necessaries : and the agth, we came to Cape Verde, which lieth in 14° N, Lat.

These people are all black, and are called Negroes ; of stature, goodly men : and well liking, by reason of their food, which [sur]passeth [that of] all other Guineans, for kine, goats, pullen, rice, fruits, and fish. Here we took fishes with heads like conies [*rabbits*], and teeth nothing varying; of a jolly thickness, but not past a foot long : and are not to be eaten, without flaying or cutting off the head.

To speak somewhat of the sundry sorts of these Guineans. The people of Cape Verde are called Leophares, and counted the goodliest men of all others, saving the Manicongoes, which do inhabit on this side the Cape of Good Hope. These Leophares have wars against the Jeloffes, which are borderers [*neighbours*] by them. Their weapons are bows and airows, targets, and short daggers ; darts also, but varying from other Negioes : for, whereas the others use a long dart to fight with in their hands, they carry five or six small ones a piece, which they cast with.